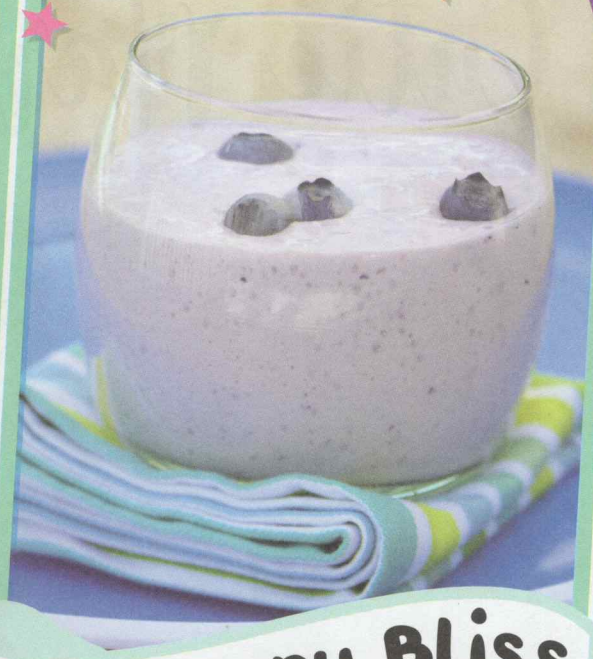
Twilight Sparkle's Smoothies

On a hot day in Equestria, Twilight Sparkle loves to have a refreshing, chilled smoothie. Here are her top two recipes for you to try.

Ask an adult to help you!



Blueberry Bliss

Serves 2

Ingredients:

1/2 cup (100 ml) Greek-style yogurt
1/2 cup (100 ml) water
1/2 cup (125 g) frozen blueberries
Whole frozen blueberries, to decorate

Step 1.

Put the yogurt, water, and blueberries into a blender and blend until smooth.

Step 2.

Pour into glasses, top each with blueberries, and serve.

Strawberry Delight

Serves 2

Ingredients:

1 cup (200 g) strawberries
1 cup (200 ml) plain soy yogurt
1/2 cup (100 ml) chilled soy milk
2 teaspoons vanilla extract

Step 1.

Remove the core from the strawberries, halve them, and place them in a small bowl.

Step 2.

Place the strawberry halves, yogurt, milk, and vanilla extract in a blender, and gently blend until thoroughly combined.

Step 3.

Pour into glasses and serve.

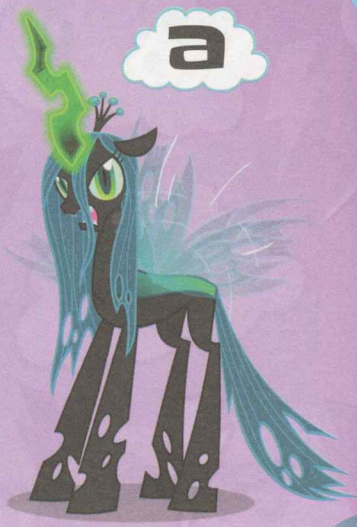
Use your Twilight Sparkle straw to enjoy your smoothies! Delicious!

The Real Queen Chrysalis

Queen Chrysalis is the leader of the Changelings. Which small picture of the devious shape-shifter matches the big picture?

Answer on page 48

a



b

c

e

d

Fluttershy's faces

The Mane 6 always know how Fluttershy is feeling. Do you? Trace over the letters and then draw lines to link each word with the matching expression.

Answers on page 48

1

Worried

2

Happy

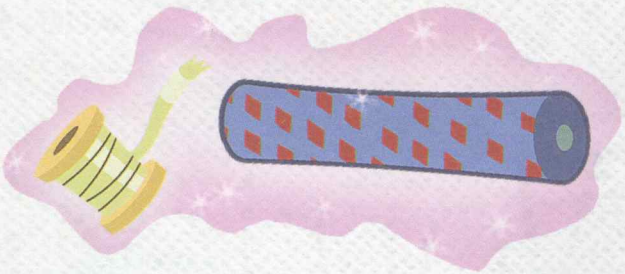
3

Puzzled

Now draw what you're feeling today!

I'm feeling ..... today.

Inside Rarity's Studio



Fashion designer Rarity has had an idea for another fabulous creation. Help her design a dress fit for a pony princess.

Pony Pets

The Mane 6 each have an animal pal that they adore. Using the clues below, match the ponies to their companion creatures.

Applejack's sidekick does bark, but she never bites.

.....

Twilight Sparkle's sidekick is a real hoot, if his feathers aren't ruffled.

.....

Fluttershy's sidekick gets hopping mad if he doesn't get his own way!

.....

Pinkie Pie's sidekick would never snap at anyone. He's a real softie.

.....

Rarity's sidekick can be a bit scratchy, but she's the purr-fect pet.

.....

Rainbow Dash's sidekick takes a while to come out of his shell.

.....

Winona

Angel

Opalescence

Tank

Gummy Snap

Owlowiscious

Answers on page 48